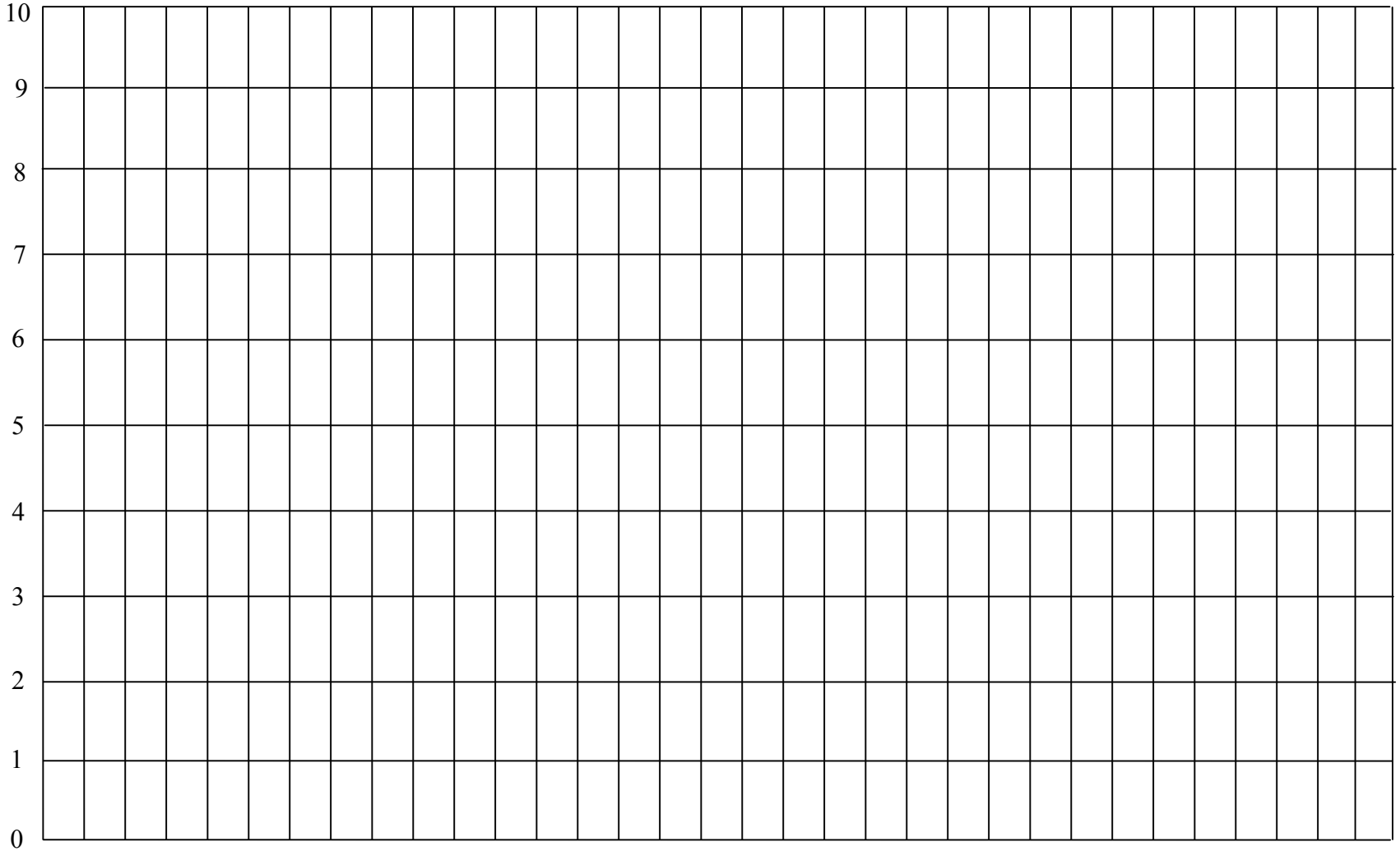
EFT Distress/Urge Scale



Date, Time, Round Number

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